

#### WHAT IS KAWASAKI DISEASE?

KD is an illness characterized by inflammation of blood vessels that supply the heart muscle. It is accompanied by the following signs:

Fever Rash

- Swelling of the hands and feet Reddening of the eyes
  - Red, cracked lips and red tongue

Swollen lymph nodes in the neck

Most experts agree that KD is caused by environmental triggers that affect only genetically susceptible children. There is no evidence that the disease is contagious.

#### **CONTACT US**

To sign up for the study or to ask questions, please contact us at:

adultkd@ucsd.edu

For general information about Kawasaki disease, please visit our website at:





# ADULT KAWASAKI DISEASE COLLABORATIVE

## WHAT IS THE ADULT KD COLLABORATIVE?

The San Diego Adult KD Collaborative is an interdisciplinary study that is designed to teach us about the cardiovascular and general health of individuals who experienced KD in childhood



Collaborative" is supported through the generosity of Gordon and Marilyn Macklin Foundation. To Support KD research, visit radyfoundation.org/kdresearch.

#### WHAT DOES THE STUDY INVOLVE?

Participants will fill out an online, detailed health questionnaire. They will also be asked to complete a follow-up health questionnaire every 2 years. If they live in the San Diego area or are visiting, we would like to obtain a blood sample for use in research to learn more about the late effects of KD.

## WHY WILL I BE ASKED IF I HAVE A HEALTHY FRIEND WHO MIGHT ALSO BE WILLING TO COMPLETE THE QUESTIONNAIRE?

By studying young adults who do and who DO NOT have a history of KD in childhood, we can make comparisons between the groups.

### WHO SHOULD BE FOLLOWED BY AN ADULT CARDIOLOGIST?

KD patients who had coronary artery aneurysm in childhood may benefit from follow-up with an adult cardiologist, knowledge about KD. We recommend a specialized test called a "Coronary Artery Calcium (CAC) score" and a visit with a cardiologist knowledgeable about KD.

If you have any questions, please contact us at: adultkd@ucsd.edu

#### - MEET OUR TEAM -



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