



NEWSLETTER

December 2021

Division updates:

Microsoft Teams

- Teams will be **replacing Slack** for our division updates, by the end of this month.
 - If you login, you'll see you've been added to a division Team for updates with channels similar to Slack



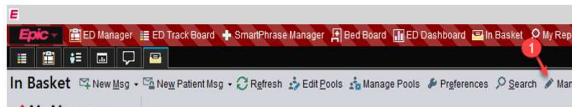
Microsoft

CCB

- If unable to reach a family after 2x then a physical letter needs to be sent.
- Customer service team will now send letters to families

Physicians: Creating your QuickAction for Culture Call Backs

1. Click **Manage QuickActions**

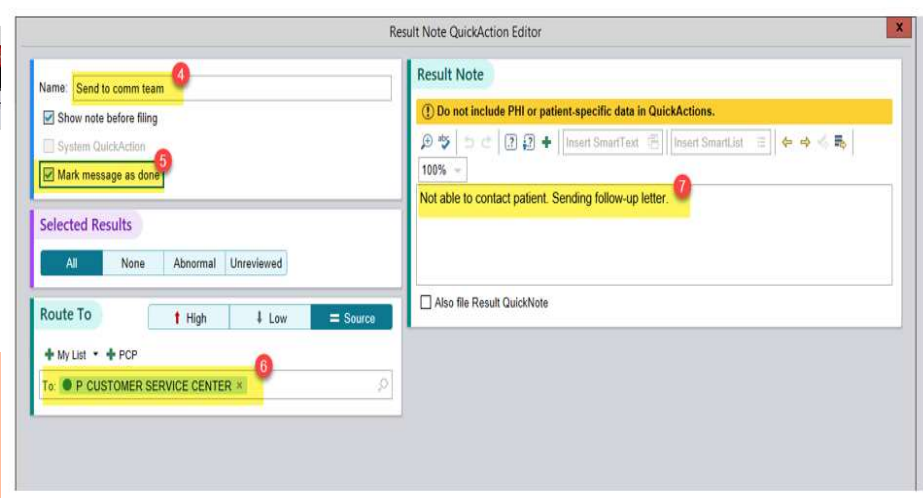


2. Click **New QuickAction**



3. Click **Result Note**

4 - 7 - Fill in all highlighted areas



Using your QuickAction

1. Select a patient
2. Click 'Send to customer service team'

3. Add any additional info to Result note then click **Accept**.

PHM/GM PHM

going forward for any admissions to PHM service please include:

- PHM Attending
- Grossmont PHM Attending
 - Add the GM PHM for any admissions with patients that are GM-appropriate
 - In the scenario where you think the patient is not GM-appropriate but discuss with the PHM attending and determine that the patient may go to GM, then add the GM PHM as well
- Admitting resident

The goal is to ensure all PHM team members are aware as well as maximize all bed space at the main campus and GM.

Clinical Director Update

Scott Herskovitz, MD

- *Schedule*
 - January schedule released
 - March schedule requests should have been in by 12/15/21
 - Continue to place all recurring meetings, lectures, vacation & days off, etc. in QGenda yourself.
 - If there are any issues placing requests, please contact Amber

- Limit of 7 requested days off (unless vacation)
- Lecture presentation/recurring meetings do not count toward days off requests
- PEM conferences days don't count toward days off but if not presenting, then they can't be guaranteed
- Winter schedule changes starting December 1
 - PG 7a-4p, PG 3p-12p, PG 11p-8a (new overnight winter shift)
 - PG 9a-6p, PG 5p-2a
 - O 9a-6p, O 5p-2a
- Moonlighting (through Dec 31st)
 - EDS (rotunda) 12p-9p Mon-Fri
 - EDS (cardiology beds) 12p-9p Sat-Sun

• **Operations**








- Behavioral Health (BH):
 - BH Emergency Care Plans (ECP): Psychiatry to start documenting ECPs
 - **Please forward high resource patients to Dr. Ekta Patel if no ECP documented (i.e., ASD, aggressive, frequent BH visits)**
 - PG Overnight to take all BH Patients
 - BH ED able to expand from 6 to 7 beds but MOOD/Admin/BH navigator must discuss staffing abilities with BH ED
- PICU/PACU
 - PICU/PACU expansion still pending start date due to staffing (opened 11/30)

• **CPT**

- Karen Yaphockun discussing updates to next CPT lecture/meeting
- Tele-consult guidelines with families undergoing NAT evaluation under discussion with CPT leadership
- CPS reports to be filed by CSW after initial evaluation to expedite disposition (regardless of workup being complete)

• **Epic**

- Tracking Board Icon Guide

Icon	When it displays
	Conditional Discharge order placed on patient
	Patient has COVID
	An image of a wound is available
	An image of suspect abuse is available
	Sepsis Alert Triggered
	Not consistent with Sepsis
	Sepsis Response Team Activated





Joelle Donofrio-Ödmann, MD

“Dr. Donofrio has worked tirelessly during her clinical shifts as well as volunteering to stay after shift to assist her team members. Given the patient surges that the ED has experienced, this team-first approach has been invaluable. Thank you!”



Amy Bryl, MD

PEM Fellow QI Project

- Medication Reconciliation – Sarika Sheth

FY21 Quality Incentive Project (QIP) Showcase

- November 4th, 1630-1800
- Best QI Methodology Award: Anaphylaxis – Laubach/Schroter

QI Course (for fellows and faculty)

- 3F 0830-1030
- Next one: Feb 18th

ED Orthopedic Operations

- Continue to page for initial consults, secure chat can be used for non-urgent ongoing communications (Orthopedic Surgery On-Call group in Epic started 12/7)
- Orthopedic resident checks in at ~1800 daily with ED charge RN and MOOD (additional check-ins with ortho resident & fellow/attending on call PRN via secure chat)
- Patients splinted (here or at OSHs) should be referred to follow-up outpatient in orthopedic clinic (do not instruct them to walk in to the orthopedic urgent care)
- Clavicle and buckle fractures and non-fracture injuries -> follow-up with PMD prior to orthopedic referral
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Safety Updates:

Medications/IV Fluids

- 0.9 % NaCl IV bolus
- (Rapid Saline Bolus 20 minutes) 0.9 % NaCl IV bolus
- Saline Bolus + Maintenance (D5NS with KCl)
- DSW 0.9 % NaCl (NS) with KCl 20 meq/L maintenance IV infusion
- acetaminophen (TYLENOL) tablet
- acetaminophen (TYLENOL) oral susp
- acetaminophen (TYLENOL) rectal suppository
- ibuprofen (MOTRIN) tablet
- ibuprofen (MOTRIN) 20 mg/mL oral susp
- EPINEPHrine IM (for Anaphylaxis)
- dexamethasone (DECADRON) tablet
- ketorolac (TORADOL) 30 mg/mL injection
- morphine 2 mg/mL injection
- naloxone (Narcan) injection 0.4 mg/mL (for opioid overdose/full reversal)
- naloxone (Narcan) 4 mg/0.1 mL nasal spray

Part of Ingestion Panel

- acetylcysteine (Acetadote) IV followed by panel
- naloxone (Narcan) 0.4 mg/mL injection 0.1 mg/kg, Intravenous, ONCE
- sodium bicarbonate 1 mEq/mL (8.4%) injection 1 mEq/kg, Intravenous, ONCE

New Discharge Order

Name

🏠
💡
📄
EPINEPHrine (EpiPen Jr & Regular) auto-injector

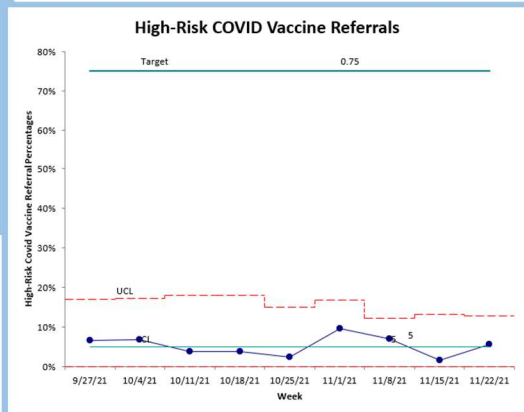
High Risk COVID-19 Vaccine Referrals

Just accept! Now they are referred. Automatic instructions about vaccinations are populated into their discharge paperwork.

High Risk Patient not vaccinated

Other patients need COVID-19 vaccination info?

Vaccine Instructions



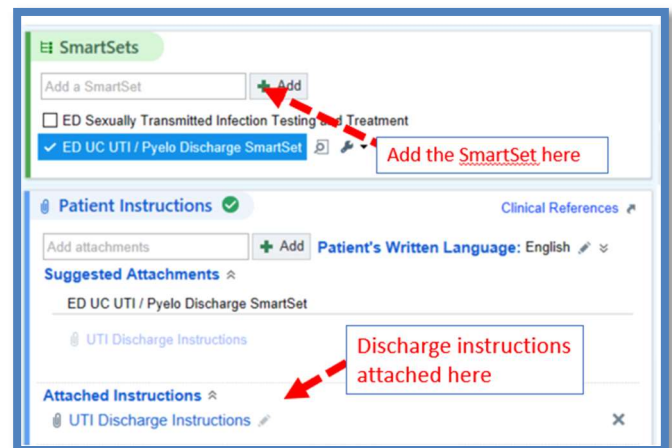
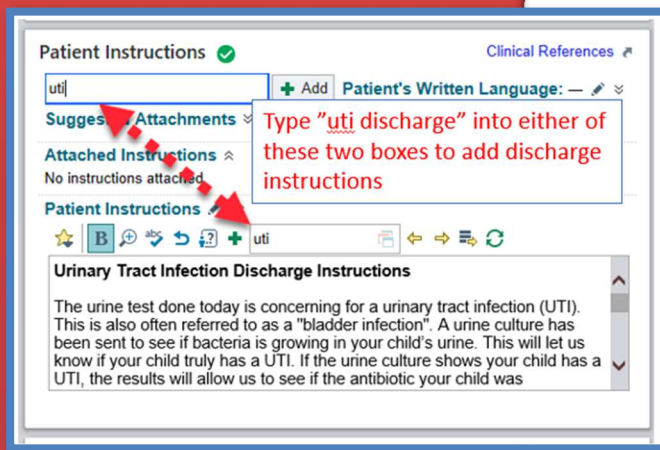
High-Risk COVID Vaccine Referrals

Urine Culture Contaminants

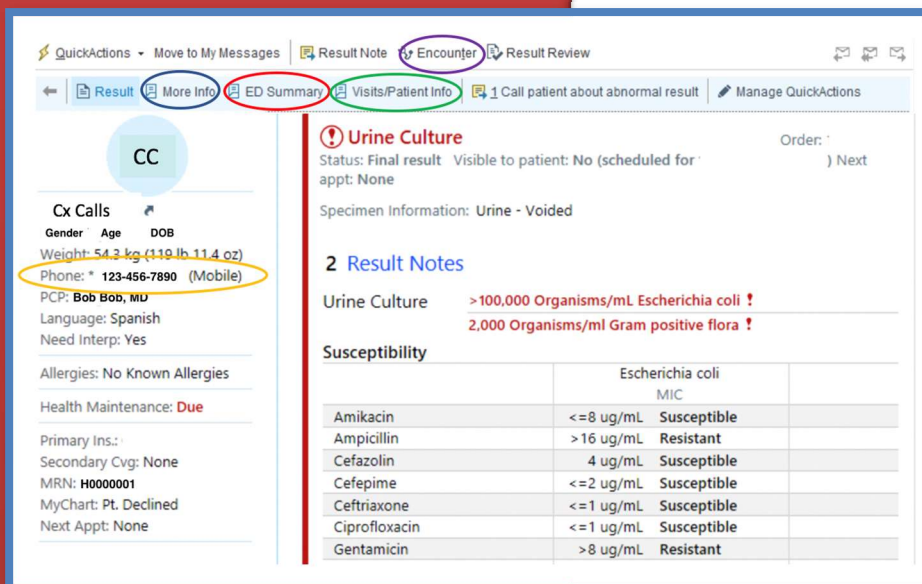
- Weekly e-mail reminders to providers scheduled for CCB to discontinue antibiotics for patients with urine cultures consistent with contaminants
- Resources added to Microsoft Teams (under CCB -> Files) and Slack (under CCB):
 - Culture Call Back Tip Sheet - updated with contaminant/UTI definitions
 - Calling Tip Sheet - has instructions on using Doximity dialer
 - Epic Tip Sheet
- New smartphrases
 - UTI discharge instructions – discuss possibility of discontinuing antibiotics pending urine culture results
 - Urine culture contaminant callback documentation smartphrase (.edurinecxcontam)

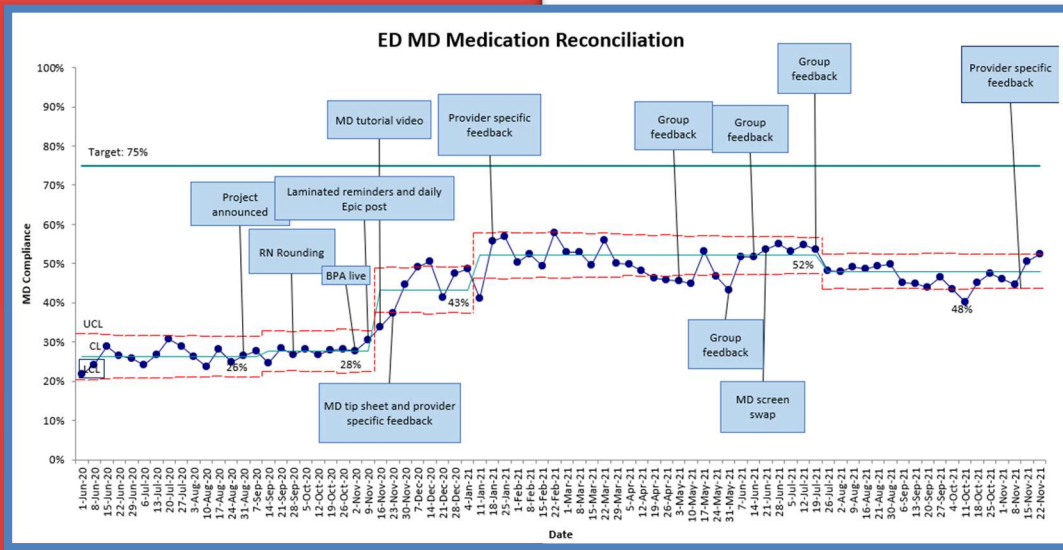
UTI Discharge Instructions

1. Add the UTI discharge instructions directly
2. Use the UTI Discharge SmartSet – the UTI discharge instructions will automatically be attached



Epic Tips





Remember:

- a. We still have a group incentive for reaching 60% -> we get free food!
- b. Top 9 performers the next 6 months (Dec-May) will get ABP MOC Part 4 credit
- c. Part of division quality incentive this year (Dec-May, >75% and >90% categories) *
- d. Individual reports with Oct & Nov compliance to be sent out in Dec

*pending approval of division incentive FY22

BPA Update

BPA's Follow-Up Actions

Important (Advisory: 1) ⌵

⚠ Complete med rec for this patient. Go to Med Rec Section to Complete.

Infection: COVID-19 Rule-Out

Isolation: Contact and Droplet

⚠ Incomplete Med Rec

ALLERGIES
No Known Allergies

CHIEF COMPLAINT
Difficulty Breathing

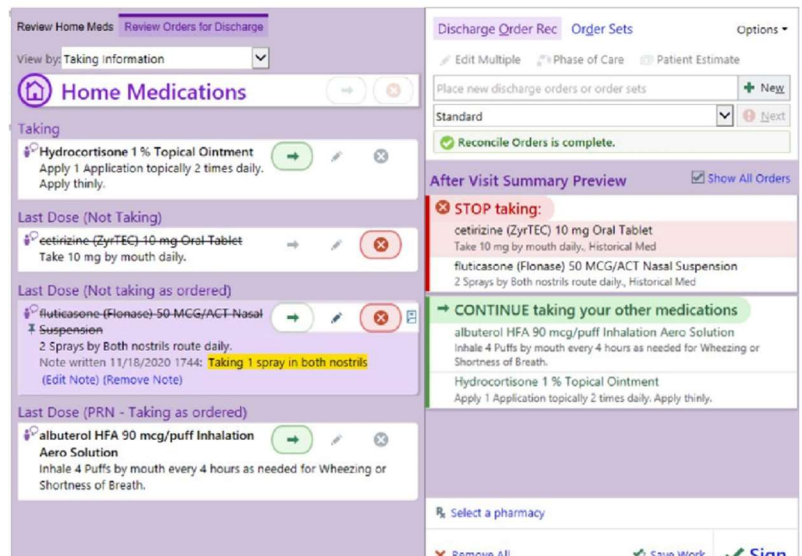
Med Rec

1. Access medication reconciliation from the "Review Visit" or "Dispo" tab

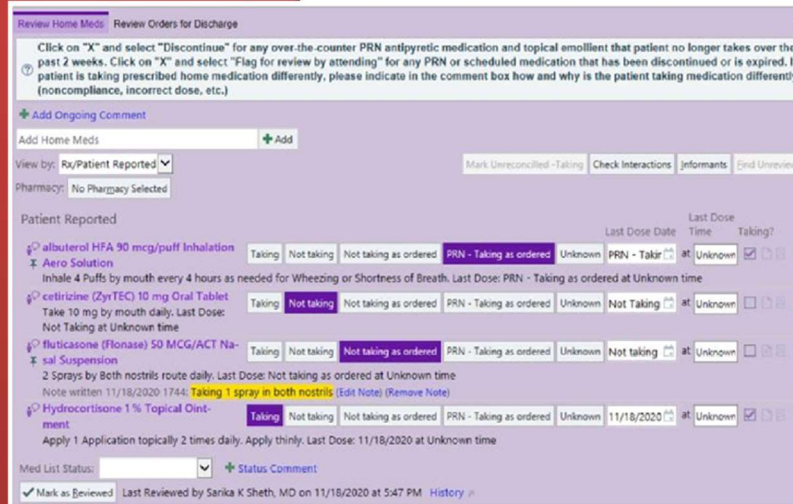
2. Reconcile Meds

- a. **Green** Arrow: Prescribe new meds
- b. **Yellow** pencil: Change doses
- c. **Red** "x": Discontinue meds

After signing, med rec workspace will automatically close



3. (Optional): Review meds as filled out by nursing staff



Our Division's Newest Core Providers

Welcome:

Ali Özcan, MD

Dr. Ali Ozcan is originally from Turkey and completed his medical school in Turkey. He moved to the USA in 2013 and successfully completed his pediatric residency in Elmhurst Hospital Center, NY, and his pediatric emergency medicine fellowship in Beaumont Hospital Center, MI. He graduated from his Executive MBA program in 2021. Dr. Ozcan loves San Diego and likes spending time at the beaches, hiking, and exploring new cuisines. He also enjoys Latin dances and karaoke.



Fellowship Updates *Kathryn Pade, MD & Michele McDaniel, MD*

We matched FOUR new fellows on Wednesday, December 15th. If you see Dr. **Danielle Hatt** (UCSD Peds) or Dr. **Tamara Casas** (UCSD EM) around, please give them a warm congratulations and welcome to our division. Joining them, will be Dr. **Sujung Kim** from St. Christopher's Pediatric Residency in Philadelphia, and Dr. **Justin Assioun** from the University of Buffalo's Pediatric Residency. In the next few months, we'll be looking for mentors for our new additions. If you're interested, please let Kathryn or Michele know!



Danielle Hatt, MD

Tamara Casas, MD



Sujung Kim, MD

Justin Assioun, MD



Residency Updates *Ashish Shah, MD MEd & Yvette Wang, MD*

Hello PEM Team,

A few quick updates about the residency rotation.

1. We are restarting Procedure Shifts starting in February. We will be having the resident touch base with the charge nurse AND sending a message to all the attendings on during their time in the ED. Please do your best to contact them for any procedures occurring on your team if another learner is not already doing it.
2. We are seeing a drop in evaluations. We are trying to avoid sending reminders so if you are telling the resident you will do it later, please be sure to ACTUALLY do it later. The best method is doing it in the ED while on shift. It is available via **QR code** AND there is a Microsoft Edge **direct link** on **EVERY COMPUTER** in the ED.

Thank you all for your teaching and hard work with our many learners in the emergency department.

- Ashish, Yvette, and Jasmine



Research Update

Kathy Hollenbach PhD, John Kanegaye MD, Michael Gardiner MD, & Margaret Nguyen MD

Major Spring Meetings:

3F Research Topics for 2022:

- January 21, 2022, 0830 – 0930 | **John Kanegaye**, *Academic Writing*
- March 18, 2022, 0830 – 0930 | **Michael Gardiner**, *Sample Size*
- May 20, 2022, 0830 - 09300 | **Michael Gardiner**, *Data Management and Quality Assurance*

Research Round Table is now a recurrent event on 2nd Weds of each month 3 PM, is open to all (Amber sent link).

This meeting will encourage individual academic productivity and collaboration within the division and with external investigators. Regular topics will include:

- Research updates and progress reports
- As needed, detailed review of research plans in development
 - Study design assistance/brainstorming
 - Pre-review prior to IRB submission
 - Ongoing assistance/troubleshooting
 - Practice runs for presentations



Ultrasound Spotlight

Kathryn Pade, MD

Pediatric Ultrasound Fellowship:

We have a new match!!

Shahfar Khan, MD

Pediatric Residency | Maimonides Medical Center, Brooklyn, NY
 PEM Fellowship | St. Christopher's Hospital for Children, Philadelphia, PA



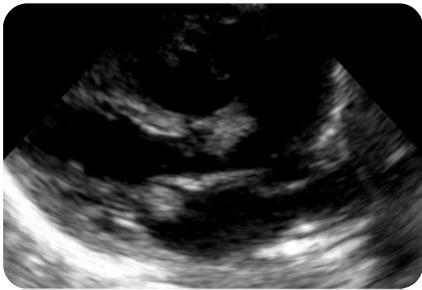
Ultrasound Spotlight:

Patient Case

6-week-old who presented with report of appearing pale with transient episode of hands and feet feeling cold. Mother also reported patient seeming more fatigued that morning, which had since improved. No fever. Feeding well without sweating or cyanosis. No difficulty breathing. On exam, patient was active in no acute distress. B/P 112/71, HR 164, T 36.8, RR 52, SaO₂ 99% on room air, weight 5.5kg. Remainder of exam unremarkable with normal respiratory effort, normal heart sounds, and capillary refill less than 2 seconds.

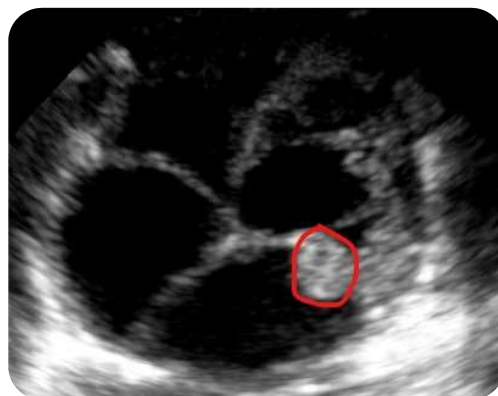
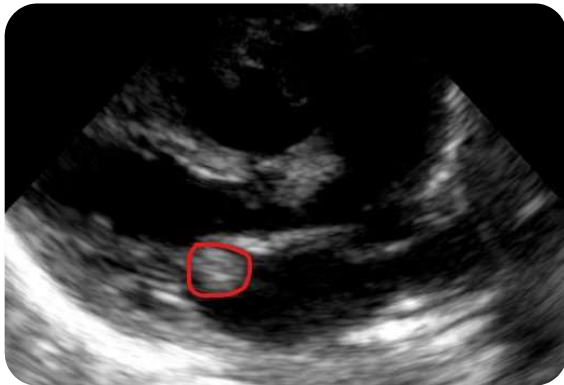
POCUS Images

- *What do you see?*



How To

Parasternal long axis view was obtained with probe marker directed to the patient's left hip with transducer just left lateral to the sternum. The apical 4 chamber view was obtained with the probe marker directed to the patient's right with the transducer at the apex of the heart projected cephalad. These views give good visualization of large circular mass near the mitral valve, as seen below.



Conclusion

Patient was admitted for further evaluation. Formal echo revealed multiple cardiac masses. Head US followed by MRI suggestive of 2 astrocytomas. Patient was subsequently diagnosed with Tuberous Sclerosis.



Updates

Tanya Vayngortin, MD

Happy Holidays!

Happy belated Hanukkah and upcoming Christmas and New Year! Hope everyone is getting to spend some nice time with family this month.

Speaking of family, the UCSD Department of Pediatrics is offering \$1000 for child or elder care again this year. You can apply for this at the link below. This includes faculty and MSP with pending faculty appointment.

https://ucsd.co1.qualtrics.com/jfe/form/SV_e5rOapEcPY27BxX

Well-being:

Are you feeling stressed, overwhelmed, or having trouble dealing with a difficult case?

- You can sign up **anonymously** to meet with a HEAR counselor.

January dates have been added.

<https://www.signupgenius.com/go/10c0c4babaa2baaf4c52-ucsd>

Activities in San Diego:

San Diego has so much to do over the holiday season. I recently went to the Del Coronado, and it is so beautifully decorated! They have an ice-skating rink, and a light show in the trees with a snow machine - great activity for kids!

<https://hoteldel.com/experience/holidays/>

<https://www.sandiegofamily.com/things-to-do/seasonal-happenings/december-holiday-events-and-winter-camps>

Holiday Gift Packages will be ready mid-next week!



(last year's image)